

SIGN AMT'S

NDIS PETITION

amt
association of
massage therapists
in good hands

Support for Recognising Remedial Massage Therapists in the NDIS

Information Sheet for Remedial Massage Therapists

What's happening?

The Association of Massage Therapists (AMT) is campaigning to fix an inequity in the National Disability Insurance Scheme (NDIS). Currently, remedial massage therapy is a funded treatment under the NDIS, but only if delivered by allied health practitioners. This policy excludes remedial massage therapists from providing funded services, despite their nationally recognised qualifications and inclusion in other healthcare programs, such as private health insurance and the Home Care Package scheme.

AMT has launched a petition calling on the Federal Government to allow qualified remedial massage therapists to provide NDIS-funded services.

Why it matters

Remedial massage therapists have specific skills in treating clients with chronic pain, mobility issues, and other complex needs. Exclusion from the NDIS undermines the profession and prevents therapists from providing care to a key group of clients.

Many clients with disabilities rely on remedial massage but must either pay out of pocket or miss out due to NDIS restrictions. Inclusion would give them the ability to use their funding for your services.

Recognition within the NDIS would create new opportunities for practitioners to deliver much-needed services to a growing and underserved population, particularly in regional and rural Australia where access to health services can be limited.



<https://www.aph.gov.au/e-petitions/petition/EN6823>



How you can help



1. Sign the Petition: Support AMT's parliamentary petition to demand policy change. <https://www.aph.gov.au/e-petitions/petition/EN6823>



2. Educate Your Clients and NDIS Plan Managers:

- Inform clients who are NDIS participants about the current restrictions and how it affects their access to care.
- Share information with plan managers about the petition and the benefits of including remedial massage therapists in NDIS-funded services.



3. Share the campaign with your colleagues:

- Refer your colleagues to AMT's [NDIS campaign page](#), which includes background information and other campaign resources.



4. Contact Your Local MP: Reach out to your local Member of Parliament to advocate for change. You can:

- Explain how the current policy affects your ability to provide care.
- Highlight the inconsistency in recognising remedial massage therapists under private health insurance and the Home Care Package but excluding them from the NDIS.
- Modify and send [AMT's template letter](#), focusing on your professional experience of helping clients with disability.



5. Share Your Story

- Submit [case studies via email](#) to AMT about how the current policy impacts your work or your clients.
- Offer to participate in media opportunities or advocacy campaigns to amplify the message.





Key messages for advocacy

- Remedial massage therapists hold nationally recognised training and have specialised skills for working with clients with disabilities.
- Remedial massage therapists can provide services in regional and rural Australia, where access to allied health practitioners may be challenging.
- The exclusion of remedial massage therapists limits choice for NDIS participants and forces them to seek care out of pocket.
- Including remedial massage therapists within the NDIS would align with other national programs like private health insurance and the Home Care Package.
- This change would ensure greater equity, accessibility, and quality of care for people with disabilities.

Resources

- **AMT's NDIS campaign page:** <https://www.amt.org.au/media-centre/NDIS-2024.html>
- **Petition link:** <https://www.aph.gov.au/e-petitions/petition/EN6823>
- **Template Letter for MPs:** <https://www.amt.org.au/downloads/NDIS/AMT-NDIS-Campaign-Template-Letter-to-MP.docx>
- **Contact Information:** For questions or to share your story, contact AMT via info@amt.org.au

