

# AMT Position Statement Post Graduate Dry Needling workshops

**In September 2013, the AMT Education Committee reviewed and re-approved AMT's recognition criteria for post-graduate dry needling workshops, in line with the standard for Dry Needling in the AMT Code of Practice.**

There are a number of key requirements in AMT's recognition criteria which conflict with all of the post-graduate trainings the Education Committee has encountered to date. Because dry needling is an invasive procedure that involves significant risks of harm not normally associated with hands-on manual therapy, AMT will only accredit trainings that include at least 60 hours of face-to-face instruction and 15 hours of supervised clinical practice in simulated conditions. Assessment of 5 submitted client files that clearly meet recognised standards of documentation for skin penetration procedures is also required to demonstrate competence. The Education Committee considers this to be the minimum acceptable delivery given the knowledge and skills required to needle safely.

These requirements are in line with the Dry Needling competency in the recently reviewed Advanced Diploma of Myotherapy training package (22248VIC). Nominal delivery hours for the "Provide Dry Needling Treatment" competence (VU21418) are 60. Additionally, students must demonstrate competence with at least 10 clients, needling different areas of the body. This aligns with AMT's requirement for 15 hours of supervised clinical practice.

AMT will not be awarding any CEUs for Dry Needling trainings and workshops that do not meet the AMT recognition criteria for post-graduate Dry Needling workshops.

If you have completed a post-graduate workshop in Dry Needling or are considering attending one, AMT strongly advises that you review the Standard for Dry Needling in the AMT Code of Practice and any related local, state or federal statutory requirements.

If you have already completed a Dry Needling Workshop, you must ensure that you and your practice meet all relevant statutory requirements, including Work Health and Safety, and Infection Control requirements.

You must:

- hold professional indemnity insurance that provides coverage for dry needling. Dry needling must be listed on your policy as a modality you practise.
- be aware of the statutory requirements for skin penetration procedures in your state or territory and comply with those requirements at all times. This may also include registering your premises with the local council.
- have read and understood AMT's Dry Needling policy and comply with the requirements therein
- have read and understood AMT's Infection Control and Hygiene policy and comply with the requirements therein.
- have read and understood AMT's Workplace Health and Safety policy and comply with the requirements therein.
- have read and understood AMT's Informed Consent policy and obtain written informed consent from the client before embarking on a course of Dry Needling treatments.
- be able to manage all risks associated with skin penetration procedures.